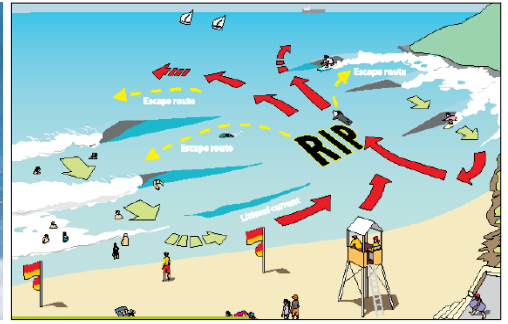


Bronze Medallion & Surf Rescue Certificate Course



Where: Dicky Beach SLSC - Dorm Room Training Area & Beach www.dickybeachsurfclub.com

When:	Weekend 1	Friday Evening, 7 February 2020 Saturday, 8 February 2020	(6.00pm to 9.00pm) (8.00am to 4.30pm)
	Weekend 2	Sunday, 16 February 2020	(8.00am to 4.30pm)
Weekend 3	Sunday, 23 February 2020		(8.00am to 4.30pm)
Weekend 4	Sunday, 1 March 2020		(8.00am to 4.30pm)
Weekend 5	Sunday, 8 March 2020		(8.00am to 4.30pm)

Pre-Requisites: Dicky Beach SLSC Membership (Including new members)
Bronze (Minimum 15 YOA & 400 meter pool swim in < 9 minutes)
SRC (Minimum 13 YOA & 200 meter pool swim in < 5 minutes)

Costs: Club Membership: up to \$65 Training Manual: \$35
Patrol/Training Cap: \$20 High Visibility Vest: \$30 (optional, but must have suitable alternative)

Registration: Complete Enrolment Form. Form can be found on the web site or contact Administration.
<http://www.dickybeachsurfclub.com/dbslsc/slsc-training-education.html>

Enquiries: email: lifesaving@dickybeachsurfclub.com Phone: 5491 5742 (Option 3) Weekdays 9am-4pm

Closing Date: Monday, 3rd February 2020
(All Payments & Membership Forms must be lodged by this date)

Course Enquiries: Ross Gibb Phone: 0423 697255 email: ross.gibb@outlook.com

Details: This course is for those wishing to become active patrolling members of Dicky Beach SLSC, participate in SLSA competition and provide water safety in nipper activities. There are no costs for members to attend this course, beyond the cost of membership, manuals and resources, with the only expectation for new award members is to attend five hours of patrol per month (Patrol Uniform provided at end of course).

Accommodation: Accommodation is available at the Surf Club Dorms for no charge. Under 18's must have adult supervision as there will be no club organised supervision. Please book with the **Surf Club Administration Office : Phone 07-54915742 (Option 3)**

What to Bring: Pen, paper, swimmers, rash shirt/high visibility vest, hat, sunscreen and towel.

What is involved?

- ❖ Water/Beach Activities: Pool Swim, Surf Swims, Runs, Board & Tube Rescues, Releases, Tows and Carries.
- ❖ Theory: Safety and Wellbeing, Surf Awareness, Rescue Techniques, First Aid, Resuscitation (CPR, Oxygen & Defibrillator), Radio Operations, Communications & Signals, Working in a Patrol/Team.