

## Bronze Medallion & Surf Rescue Certificate Course



**Where:** Dicky Beach SLSC - Dorm Room Training Area & Beach [www.dickybeachsurfclub.com](http://www.dickybeachsurfclub.com)

<b>When:</b>	Weekend 1	Sunday, 7 February 2021	(8.00am to 4.30pm)
	Weekend 2	Sunday, 14 February 2021	(8.00am to 4.30pm)
	Weekend 3	Sunday, 21 February 2021	(8.00am to 4.30pm)
	Weekend 4	Sunday, 28 February 2021	(8.00am to 4.30pm)
	Weekend 5	Sunday, 7 March 2021	(8.00am to 4.30pm)

**Pre-Requisites:** Dicky Beach SLSC Membership  
Bronze (Minimum 15 YOA & 400 meter pool swim in < 9 minutes)  
SRC (Minimum 13 YOA & 200 meter pool swim in < 5 minutes)

**Costs:** Club Membership: up to \$65 Training Manual: \$10 (purchased directly from members online shop)  
Patrol/Training Cap: \$20 High Visibility Vest: \$30 (optional, but must have suitable alternative)

**Registration:** Complete Enrolment Form. Form can be found on the web site or contact Administration.  
<https://dickybeachsurfclub.com.au/training-education/>

**Enquiries:** email: [lifesaving@dickybeachsurfclub.com](mailto:lifesaving@dickybeachsurfclub.com) Phone: 5491 5742 (Option 3) Weekdays 9am-4pm

**Closing Date:** 1<sup>st</sup> February 2021  
**(All Payments & Membership Forms must be lodged by this date)**

**Course Enquiries:** Ross Gibb Phone: 0423 697255 email: [ross.gibb@outlook.com](mailto:ross.gibb@outlook.com)

**Details:** This course is for those wishing to become active patrolling members of Dicky Beach SLSC, participate in SLSA competition and provide water safety in nipper activities. There are no costs for members to attend this course, beyond the cost of membership, manuals and resources, with the only expectation for new award members is to attend five hours of patrol per month (Patrol Uniform provided at end of course).

**Accommodation:** Accommodation is available at the Surf Club Dorms for no charge. Under 18's must have adult supervision as there will be no club organised supervision. Please book with the **Surf Club Administration Office : Phone 07-54915742 (Option 3)**

**What to Bring:** Pen, paper, swimmers, rash shirt/high visibility vest, hat, sunscreen and towel.

### What is involved?

- ❖ Water/Beach Activities: Pool Swim, Surf Swims, Runs, Board & Tube Rescues, Releases, Tows and Carries.
- ❖ Theory: Safety and Wellbeing, Surf Awareness, Rescue Techniques, First Aid, Resuscitation (CPR, Oxygen & Defibrillator), Radio Operations, Communications & Signals, Working in a Patrol/Team.